

Every day we offer a delicious and varied salad bar full of fruits and veggies. This accompanies our from scratch cooking methods.

Monday

Tuesday

Wednesday

Thursday

Friday

National Fritter Day **2**
Homemade Chili & Corn Fritters
All the fixings!
Fresh Fruit & Veggies
Milk

Chicken Cantina Bowl **3**
Rice, Chicken, Corn, Black beans,
Guacamole & Lime Wedges!
Fresh Fruit & Veggies
Milk

Chopped Cheese **4**
Philly Cheesesteak w/ Chapuk
Ground Beef, Homemade Cheese
Sauce on a BK Roll!
Fresh Fruit & Veggies
Milk

National Comfort Food Day **5**
Mac & Cheese w/ BBQ Chicken
Garlic Butter Bread Crumbs & Bacon Bits
Fresh Fruit & Veggies
Milk

Cheese Pizza **6**
Specialty Pizza
Fresh Fruit & Veggies
Milk

Homemade Goulash **9**
Roasted Broccoli & Cauliflower
Fresh Fruit & Veggies
Milk

Stuffed Peppers **10**
Chapuk Beef, Rice, Tomato
Gravy & Cheese
Fresh Fruit & Veggies
Milk

"Have a Bagel" Day **11**
Hot Turkey & Cheese on a Bagel
Local Pasta Salad
Fresh Fruit & Veggies
Milk

Baked Potato Bar **12**
Potato, Buffalo Chicken Dip,
Shredded Cheese, Chips & all the
Fixings
Fruits & Veggies
Milk

Cheese Calzone **13**
Specialty Calzone
Fresh Fruit & Veggies
Milk

Sticky Chicken & Brown Rice **16**
Roasted Brussel Sprouts
Fresh Fruit & Veggies
Milk

Holiday Brunch **17**
French Toast Bake, Local Maple
Syrup, Bacon, Dirty Potatoes &
Local Yogurt Parfait Bar
Fresh Fruit & Veggies
Milk

Chef's Special **18**
Fresh Fruit & Veggies
Milk

Chef's Special **19**
Fresh Fruit & Veggies
Milk

11:30 Dismissal **20**
Bagged Lunch

No School **23**
Winter Break

No School **24**
Winter Break

No School **25**
Winter Break

No School **26**
Winter Break

No School **27**
Winter Break

No School **30**
Winter Break

No School **31**
Winter Break

Moriah CSD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate choices are PB&J or Egg Salad Sandwich. All Students eat at no cost.

