

Every day we offer a delicious and varied salad bar full of fruits and veggies. This accompanies our from scratch cooking methods.

Monday

Tuesday

Wednesday

Thursday

Friday

3
Macaroni & Cheese
BBQ Chicken
Fresh Fruits & Veggies
Milk

4
Homemade Soup Day!
Tuna or Turkey Wrap
Broccoli Cheddar Soup
Fresh Fruits & Veggies
Milk

5
Baked Potato Bar
Baked Potato, Chili, Cheese
Sauce & All The Fixings
Fresh fruits & Veggies
Milk

6
Baked Ziti w/ Italian Sausage
Fresh Fruits & Veggies
Milk

7
Cheese Calzone
Specialty Calzone
Homemade Dessert
Fresh Fruits & Veggies
Milk

10
Lasagna
Homemade Garlic Bread
Fresh Fruits & Veggies
Milk

11
Cheeseburger Wrap
French Fries & All The Fixings
Fresh Fruits & Veggies
Milk

12
Chef's Special
Fresh Fruits & Veggies
Milk

13
National Tortellini Day!
Tortellini Alfredo W/ Chicken
Homemade Pesto
Fresh Fruits & Veggies
Milk

14
Cheese Pizza
Specialty Pizza
Homemade Dessert
Fresh Fruits & Veggies
Milk

17
Winter Break
No School

18
Winter Break
No School

19
Winter Break
No School

20
Winter Break
No School

21
Winter Break
No School

24
Sweet & Spicy Chicken
Veggie Lo Mein
Fresh Fruits & Veggies
Milk

25
National Clam Chowder Day!
Chef's Salad
Homemade Clam Chowder
Fresh Fruits & Veggies
Milk

26
Viking Bowl
Popcorn Chicken, Mashed
Potatoes, Corn & Gravy
Fresh Fruits & Veggies
Milk

27
Spaghetti & Homemade
Meatballs
Fresh Fruits & Veggies
Milk

28
Cheese Calzone
Specialty Calzone
Fresh Fruits & Veggies
Milk



Moriah CSD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least 1/2 cup of fruit or vegetable to constitute a reimbursable meal. Alternate choices are PB&J or Egg Salad Sandwich. All Students eat at no cost.