

MARCH 2025

Moriah Central School

Every day we offer a delicious and varied salad bar full of fruits and veggies. This accompanies our from scratch cooking methods.

Monday

3
Tortellini Alfredo w/ Garlic Butter
Chicken & Roasted Broccoli
Fresh Fruits & Veggies
Milk

10
Buffalo Chicken Mac & Cheese
Plain Mac & Cheese W/ Chicken
Fresh Fruits & Veggies
Milk

St Patys Pot Pie **17**
Chapuk Beef Stew w/
Homemade Cheddar Pie Topper
Fresh Fruits & Veggies
Milk

24
Lillie Valley Sausage & Chapuk
Beef Goulash w/ NY Pasta
Fresh Fruits & Veggies
Milk

31
Chicken Enchiladas
Homemade Guacamole w/ Chips
Fresh Fruits & Veggies
Milk

Tuesday

4
Shepherd's Pie
Chapuk Beef, Juniper Hill Potatoes &
Homemade Garlic Bread
Fat Tuesday Cajun Soup!
Fresh Fruits & Veggies
Milk

11
Chapuk Beef Taco Bar
Brown Rice
Fresh Fruits & Veggies
Milk

18
Italian Dunkers
Homemade Marinara, Roasted
Broccoli & Cauliflower
Fresh Fruits & Veggies
Milk

25
Chicken Cheesesteak
Juniper Hill Seasoned Steak
Fries & Honey Butter Carrots
Fresh Fruits & Veggies
Milk

Wednesday

5
NY Cheeseburger
Juniper Hill Hand Cut Fries
Fresh Fruits & Veggies
Milk

12
Italian Chicken & Seasoned Rice
Local Maple Glazed Beets &
Sweets From Juniper Hill
Fresh Fruits & Veggies
Milk

19
Homemade Meatball Subs
Juniper Hill Hand Cut Fries
Fresh Fruits & Veggies
Milk

26
Grilled Cheese
Homemade Tomato Soup
Juniper Hill Roasted Roots
Fresh Fruits & Veggies
Milk

Thursday

6
Turkey Bacon Wrap
Honey Butter Carrots & Cabbage
From Juniper Hill in Essex!
Fresh Fruits & Veggies
Milk

13
Brunch For Lunch
Local JH Eggs & Potatoes, Maple
Sausage, Pancakes W/ Local Maple
Syrup, North Country Creamery
Yogurt Parfait Bar
Fresh Fruits & Veggies
Milk

20
Homemade Orange Chicken
Fried Rice & an Egg Roll
Fresh Fruits & Veggies
Milk

27
Juniper Hill Baked Potato Bar
Homemade Chili, Cheese Sauce,
Sauteed Peppers & Onions
Dinner Roll & All the Fixings
Fresh Fruits & Veggies
Milk

Friday

7
Cheese Pizza
Specialty Pizza
Homemade Dessert
Fresh Fruits & Veggies
Milk

14
Cheese Calzone
Specialty Calzone
Homemade Dessert
Fresh Fruits & Veggies
Milk

21
Cheese Pizza
Specialty Pizza
Homemade Dessert
Fresh Fruits & Veggies
Milk

28
Cheese Calzone
Specialty Calzone
Homemade Dessert
Fresh Fruits & Veggies
Milk



Moriah CSD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least 1/2 cup of fruit or vegetable to constitute a reimbursable meal. Alternate choices are PB&J or Egg Salad Sandwich. All Students eat at no cost.